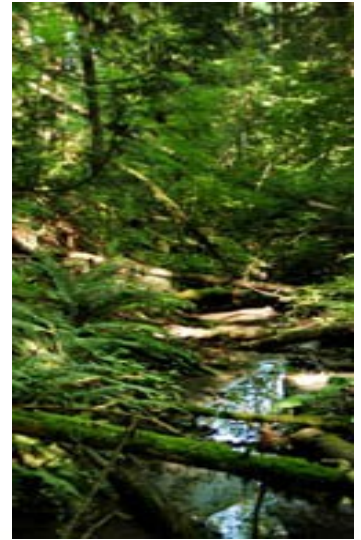


2010 THANKSGIVING YOGA RETREAT

October 8 - 10, 2010



**With Michele Labelle and
special guest teacher Jodie Neault**



Retreat Includes:

2 nights shared accommodation at stunning Springbrook Retreat (Langley)

2 Healthy and Delicious Vegetarian Breakfasts, Lunches, & Dinners

4 Yoga classes, including Hatha, Yin and The Rocket

2 Meditation sessions in a Solarium

Saturday night Full Moon Drumming Circle

Please bring 2-3 magazines to create an amazing Vision Board!



\$ 450.00 per person (includes HST)

\$ 395.00 Early bird before Sept 8th

**To register or for more information, please call or
email:**

Aleya 604-767-5906 / australeya@gmail.com, or

Michele 604-618-8194 / mich_labelle@hotmail.com

Book now to save your spot!

